



Rhonda R. Carpenter is an award winning Clinical Hypnotherapist specializing in Past Life Regression as well as a renowned Psychic, the 5<sup>th</sup> generation in a long line of powerfully clairvoyant women. Her first fiction fantasy novel was released fall 2008. Visit her websites where she blogs about life, writing, podcasting and publishing [www.themarkofadruid.com](http://www.themarkofadruid.com) [www.lifefirst.com](http://www.lifefirst.com); [www.rhondacarpenter.com](http://www.rhondacarpenter.com)

Rhonda was born in the Midwestern section of the United States. At the age of four, she began to have visions of future events. As she grew, so did the visions, in content and volume. A professional psychic for the last 20 plus years, she found that she could tell her clients what was coming up, but she did not have the tools to help them handle the information or the motivation necessary to achieve their highest potential. Rhonda certified as a Hypnotherapist in 1994 and since has received many awards and more than 30 certifications in hypnosis. Hypnotherapy brought it all together for her, allowing her to integrate her natural intuitive nature with scientific method. She assists her clients to: Control weight, increase income, over come fears and phobias, explore past and future lives, gain self-esteem, increase motivation and achieve their dreams. Rhonda has helped to guide and motivate others to make positive changes in their lives from the beginning.

She practices in the Southern California Mountains where she lives with her husband of 20 years and her pets.

She has published many articles in local health newspapers and newsletters, as well as, the content of her websites [www.lifefirst.com](http://www.lifefirst.com), a wealth of practical resources. She has available 13 CD's covering a range of issues available on her websites and as of April 2006 an online interactive Handwriting Workbook and certification course.

Her first novel, "The Mark of a Druid," is available at Amazon.com. It will also be available as a podcast on iTunes, Podiobooks.com and many other places on the web. She is a frequent public Speaker, Educator, Reiki Master, Pranic Healer, Dream and Handwriting expert, Founder of [www.lifefirst.com](http://www.lifefirst.com) and her blogs Got Insight?, An Open Book, and MOD.

Rhonda also dabbles in photography you can see her latest published photo "Above a Sea of Clouds" in a coffee table book called, Distant Visions, available now ISBN 0-7951-5273-6. Rhonda's "Lake Arrowhead" photo taken 10/2006 for the local visitors guide and "What a View" which is due out in 2009 an anthology of photos.

Her newest projects are called Truth Slithers, From Mother to Daughter and the always ongoing e-picture book, "The Book of Bubba-Words of Wisdom." For more of what is happening with Rhonda R. Carpenter visit [www.rhondacarpenter.com](http://www.rhondacarpenter.com).

## Contact

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## Websites

[www.lifefirst.com](http://www.lifefirst.com)

[www.rhondacarpenter.com](http://www.rhondacarpenter.com)

[www.themarkofadruid.com](http://www.themarkofadruid.com)

## Blogs

<http://lifefirst.com/gotinsight/>

<http://www.rhondacarpenter.com>

<http://www.themarkofadruid.com>

## Social Networking

Twitter <http://twitter.com/rhondacarpenter>

Facebook under Rhonda R Carpenter

Myspace <http://www.myspace.com/rhondarcarpenter>

Linked In under Rhonda Carpenter

Ecademy under Rhonda Carpenter

Selfgrowth.com under Rhonda Carpenter

## Affiliations

Over the years Rhonda has been a member of The National Guild and many other Hypnosis organizations and the Union, but currently she is only a member of The International Hypnosis Federation due to the time constraints of Lifefirst.com's Learn Annex.

## Published Articles/Book/Shorts

12 Local health articles in The Beam

3 in the International Hypnosis Federation Hypnosis News

Novel- The Mark of a Druid

Short- Walk-In Co Authored with Arlene Radasky

Handwriting Certification Course-Handwriting Analysis in Black and White, available on Lifefirst.com as an interactive online certification program